

Who Am I?

An NDIS pre-planning participant factsheet



My name: *(can include preferred name)*

Who is my Mob? *(Family and cultural group)*

What are my Goals for the next ___ years/ Where do I want to be in the next ___ years?

Where do I live?

Distance from the nearest City or Town?

Distance from the nearest Centrelink, NDIS or Post Office?

My access to technology: e.g. telephone, mobile, internet, computer, email or Bank

My Plan Manager is:

My Support Coordinator is:

My preferred communication method:

- Oral e.g. phone calls, face to face
- Written e.g. Emails, letters, physical forms

I need support with:

- Appointments
 - Medical
 - Social
 - Personal
- Daily activities
 - Cleaning/cooking
 - Shopping
 - Personal care
- Paperwork
 - Letters
 - Bills
 - Emails
 - Other correspondence



I am supported by:

(list friends, family, community and) professional support.

